Week 7 of Term 2 and Winter has officially started, the cold weather has arrived right on time with snow falling around Canberra and as close as Captains Flat. It is important now that all students are dressed appropriately for the school day so that they do not end up suffering from a cold or the flu. Parents are reminded that students of Nowra High are expected to be in school uniform and I suggest the practice of clothes layering to maximize warmth and comfort throughout the day, with the top layer being the school jumper.

Ms Byron is on leave for the remainder of the term and Mr Buckley is relieving in the Principal position during her absence. Mrs Newton has moved from Deputy Principal Wellbeing to Deputy Principal for Years 7, 9, and 11 Mr Buckley’s Deputy position and Mr Loxley is remaining as Relieving Deputy for Ms Forbes while she is on leave.

Parent Teacher interviews were recently conducted for Years 11 and 12 and I would like to thank the many parents that attended on the evening. Parent Teacher interviews for years 7 to 10 will be held in the Multi Purpose Hall on the evenings of Tuesday 16th June and Thursday 25th June from 3.40pm until 6.00pm. This year we have moved to an online booking system for parents and apart from a few minor glitches, the system ran well for the senior bookings. An email will be sent to all parents on Friday 5th June with instructions and an access code to log in to the system and bookings will be open from 5am on Tuesday 9th June until midnight on Wednesday 24th June. If you experience any problems with the online booking please contact the school.

Congratulations to the following students for their selection in the CHS Cross Country Championships to be held at Eastern Creek: Mikayla Check, Victoria Kennedy, Breeana O’Donnell, Martin Thomson, Jarvis Strand, Cameron Musgrove, Nathan Hyam, Harry McGill, Cara Haupt, Emily Michell. Congratulations also to Angus Clarke and Takunda Chimwaza for their selection in the CHS Rugby team, Bruce Ozolins for his selection in the CHS Basketball team and the NHS Girls Netball team for finishing 9th in the State CHS Under 15 competition.

Congratulations to Josh Neri for winning the Regional Finals of the Sydney Morning Herald Plain English Speaking award with an excellent speech on philosophy and an engaging impromptu speech about Islamophobia, he now competes in the State semi-final in Sydney on the 12th June.

Mr Gerald Buckley - Relieving Principal
At Nowra High School we value student wellbeing and work hard to ensure everyone feels safe and happy at school. To this end, a great deal has been happening in Term 2. A huge thankyou goes out to Ms. Cairncross who organised the fantastic Year 11 Crossroads Camp. Despite the chilly weather students worked together to complete challenges, learn about positive mental health and form healthy relationships. These experiences are invaluable to help build team spirit, resilience and self-esteem.

All of our wonderful Year Advisers recently completed STORM training (developing skills to deal with suicidal ideation), led by Jen Fisher from Headspace. Their care, concern and enthusiasm in completing this important training, speaks volumes about Nowra High School’s teachers’ commitment to our students. I feel very proud to work with a team of skilled professionals who really care about the students.

Monday 18th saw Nowra High School celebrate IDAHOT Day – International Day Against Homophobia and Transphobia. Members of the Year 12 Wellbeing Team and the SARSH team worked with Warren from Headspace to spread a message of acceptance and understanding. It is great to see so many students concerned about discrimination and bullying, and actively campaigning against these behaviours.

Students are busily collecting merits in order to qualify for the upcoming Principal’s Morning Tea on 18th June. Students who collect 20 merits this term will be eligible, also, for an invitation to the Year Advisers’ Excursions which will take place in Week 10. I look forward to celebrating your success with you!

Mrs Newton

DP Student Wellbeing
FOR SALE
3 PAIRS TRACKPANTS
1 SIZE SMALL
1 SIZE MEDIUM
1 SIZE LARGE $10.00 EACH
CONTACT KAREN MAY ON 44 213816

CONGRATULATIONS ON YOUR MERIT ACHIEVEMENTS


Gold 2 Award: Brooke Cassell, Amy Atkins, Shamssy Elrihawi and Dylan Jennings.

Diamond 2 Award: Jack Calver and Makayla Jenner


Year 10 Careers
There will be a ‘Careers Expo’ at the Shoalhaven campus of Wollongong University.

on Friday 17 July, 2015. All of our Year 10 students will be attending this event as part of the lead up to Subject Selection for Year 11 2016. The cost will be $5 for the bus.

There will be many displays, careers talks and practical events; all designed to help students make decisions about their future careers and subject choices.

Subject selection will take place at the end of Week 4, Term 3. There will be an information session for parents on Tuesday 4 August, 2015, in the school Multipurpose Hall.

Mr Hill Careers Adviser.

P & C MEETING DATES FOR 2015

FOR TERM 2 - 2015
Week 4 - Tuesday 12th May
Week 8 - Tuesday 9th June

FOR TERM 3 - 2015
Week 4 - Tuesday 4th August
Week 8 - Tuesday 1st September

FOR TERM 4 - 2015
Week 4 - Tuesday 27th October
Week 8 - Tuesday 24th November

All welcome in the Staff Common Room
NHS SPORT REPORT

Zone Cross Country Age Champions

An extremely impressive result from our Nowra HS runners at our recent Zone Carnival held at Willandra. A huge congratulations to the following students that were awarded Age Champion for their age group, placing 1st in their race. Well done to our other zone competitors and good luck to our 30 students that have qualified for South Coast to be held Friday 29th May at Willandra.

12 Boys - Alex O'Brien (Nowra)
14 Boys - Charlie Rodden (Nowra)
15 Boys - Martin Thomson (Nowra)
15 Girls - Breena O'Donnell (Nowra)
17 Boys - Harry McGill (Nowra)
17 Girls - Kristina O'Shea (Nowra)
18 Boys - Jarvis Strand (Nowra)

Congratulations to David Cuskelley for being selected for the CHS SQUASH team. David is a very keen squash player and spends a lot of his spare time training. He travelled to Canberra for a CHS selections tournament and performed extremely well. Good luck at CHS level David!

Zone Athletics

Zone Athletics Carnival is on 5/6/2015 at Kiama Athletics Field. A list of students that have qualified will be up outside the PE staffroom this week and notes can be collected.

Girls Soccer

Congratulations to our OPEN girls soccer team who won their round 2 game against Albion Park High School on 25/5/2015. This game was a very close match, with Meredith Cheyne bringing it home with a great goal in the final 5 minutes of extra time. Congratulations girls, you all did Nowra HS proud and good luck in the 3rd round.