Parent Teacher interviews for Years 7 to 10 students are being conducted from 3.40pm to 6.00pm Tuesday 16th June and Thursday 25th June in the Multi Purpose Hall. The move this year to an online booking system has proved very rewarding for some parents who have struggled over the years to get the paper based booking sheet to make an appearance on the kitchen table.

Parents have also commented that they are looking forward to the new system ensuring parents no longer have to rely on just turning up on the night without a booking and jumping the queue, which causes great anguish for those that have booked. I look forward to hearing feedback from parents during the evening.

As well as the new booking system NHS has also introduced a new reporting system for Years 7 to 12 in the first semester and for all years in semester two. Although the end product will look very similar to the existing report format, the changes are significant at the teacher input end. With the introduction of any new system there is bound to be hiccups and this has been experienced at various stages of the process. I apologise for the reports not being ready for parents prior to the first teacher interviews but we hope to have as many completed as soon as possible and distributed to students before the interviews next week.

If you have recently moved house, have a new phone number or email address, please ensure that you let us know the new details so that we can continue to keep you informed of all that is happening at school. It is most important that we have updated emergency contact information so that if we can't contact parents if a child is sick at school, there is a back-up plan.

Did you know that if a child misses a day a week from school, this will add up to more than a year of missed learning by the time they reach Year 10? Even arriving to school late and leaving early has an impact on a child's learning. Please make sure that if your child is fit and healthy that they are at school every day. Family holidays are encouraged to be taken during school vacations.

Congratulations to Isaac Dunne for his success in gaining an Australian Defence Force Academy Education Award. This award is presented annually to senior students in recognition of their leadership potential, and academic and sporting achievements. Although this award does not guarantee Isaac entry into ADFA, it is certainly a glowing testimony to his abilities which I am sure will see him achieve his goal of entering ADFA at the completion of his studies.

Year 12 are approaching the pointy end of their thirteen years of schooling and study. The Trial examinations will commence in Week Two of Term Three and will be conducted in the Multi Purpose Hall or the library for students with special provisions. Students are expected to be in school uniform for their examinations and will only need to attend school if they have an examination. The students will be supervised by Mrs Ingrid Barby and her team of invigilators. As Ingrid is also the supervisor for the HSC examinations this is excellent preparation for the students in knowing exactly what is expected of them during the HSC.

In my role of Relieving Principal I attended the P&C meeting held on Tuesday night of Week 8. The meeting venue has changed since my last appearance and the staff common room certainly provides a much more relaxed atmosphere for parents. The meeting provides an excellent opportunity for parents to find out what is happening within the school, what events are signalled for the future which usually have a big significance for a wide range of students and how the P&C can contribute to ensuring all students are given the opportunity to reach their potential during their high school years. There is ample opportunity to ask questions about what is happening in the school and why, also to gain a good understanding of the significant impact the P&C has on creating the fantastic school community of Nowra High and contribute to its ongoing success. I hope to see you at the next meeting, Week 4 Term 3.

Mr Gerald Buckley - Relieving Principal

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### Calendar

#### WEEK 9 - ALPHA

**Monday 15th June:**
- Yr 11 English Studies - Assessment Week
- SRC Elections in MPH - Mrs Austin
- Yr 11 General 2 Mathematics Assessment Task 3
- Yr 11 Mathematics in pd 3 class time
- NSW Tri Hockey Series in Sydney - Ms Dart

**Tuesday 16th June:**
- ICAS Writing, Library Classroom in pd 3
- NSW CHSSA Touch Football at Coffs Harbour
- Yr 11 Assessment for Mathematics, English and SLSR - all week
- Parent Teacher Interviews for Yrs 7-10 from 3.30pm to 6pm in MPH

**Wednesday 17th June:**
- NSW CHSSA Touch Football at Coffs Harbour
- Yr 11 Biology Assessment

**Thursday 18th June:**
- Yr 12 Extension English Task in B3 - pd 5
- NSW CHSSA Touch Football at Coffs Harbour
- Yrs 7, 8, 9 and 10 debating at NHS for Premiers Debating Challenge - all day

**Friday 19th June:**
- Whole School Assembly in MPH
- Yr 12 Mathematics Ext 1 UOW HSC Study Day

#### WEEK 10 - BETA

**Monday 22nd June:**
- Yr 10 English Assessment Drama during lesson time
- Yr 11 PDHPE Assessment in Pds 3 and 4

**Tuesday 23rd June:**
- NSW CHSSA Squash State Carnival
- Yr 12 Rewards Excursion at Bomaderry McDonalds

**Wednesday 24th June:**
- NSW CHSSA Squash State Carnival
- SRC Induction Ceremony in MPH from 10am
- “Taste of TAFE” excursion for Yr 10 Careers at Bomaderry TAFE

**Thursday 25th June:**
- NSW CHSSA Squash State Carnival
- Parent Teacher Interviews for Yrs 7-10 from 3.30pm to 6pm in MPH

**Friday 26th June:**
- Whole School Assembly in the MPH

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### HOURS FOR THE UNIFORM SHOP

**THURSDAYS ONLY**

8.00am - 11.30am ~ 1.00pm - 5.00pm
CONGRATULATIONS ON YOUR
MERIT ACHIEVEMENTS


Silver 2 Awards: Lachlan Dixon, Oscar Moysey, Zaid Forrester, Jude Davenport, Julie Nowak, Matthies Loveridge, Elouise Hindman, Bonnie de Ville, Kwannatee Morey-Hype, Alicia Sleeman and Lila Whalley.

Gold 2 Award: Ben Douglass, Jai Duffy, Elise Thomas, Chelsea Davis and Kiralee Moulds.


Diamond 2 Award: Sharni Packer, Caitlin Hoger, Kaitlyn Hush, Annie Westley, Jasmine Langworthy, Natalie Liang, Shayne Foley, Marissa Kielly, Milly Bristow, Harry McGill, Rhianna Tuckerman, Cameron Musgrove and Kalani Watters.

Platinum 2 Award: Cain Mooy, Jaiya Aryal, Jordan Brodnik, Zac Sue and Rebecca Kennedy.

WHY NOT HOST AN OVERSEAS STUDENT?

Following our very successful school visit last year from Japanese students, Nowra High School has once again been invited to host a group of Japanese high school students from 6 to 17 August 2015. The students range in age from 13 to 16 and include girls and boys. These students are learning English in Japan and will be coming to Australia for 12 days with their English teacher, to improve their conversational English and to experience our Australian culture and our beautiful natural environment.

We are seeking expressions of interest from school families who might be interested in hosting a student during their time in Nowra.

During their stay, the group will have English lessons at the school and integrate with Nowra High School students during the day. Each Japanese student will have a ‘buddy’, which will be their host sibling or another student of the same age.

Home stay host families will be paid a tax free allowance for each student which will more than defray the costs of hosting.

All that is required is to provide a clean and tidy bedroom, with a bed and wardrobe, to provide all meals, (packed lunch on school days), and to provide transport to and from school each day. This can be by school bus, private car or walking.

As well as the stimulation of having a foreign student share your home for a few days, this will be a rewarding and memorable experience for host families and the Japanese students.

Why not consider hosting a student in your home for just 11 nights, & enjoy this positive and rewarding experience?

PLEASE CONTACT:

Bill Clark – 0418 215 990 or bill.clark@edexaustralia.com.au
OR
Contact Mrs Leslie at Nowra High School for more details.
WELLBEING MATTERS

Nowra High School is an inclusive environment which values the individual and celebrates diversity. We have a zero tolerance to any form of bullying, as detailed in our Speak Out Against Bullying policy. Our mission is to promote a safe and positive environment that encourages a sense of belonging, to improve wellbeing for students, staff and the community.

WHAT IS HOMOPHOBIC BULLYING?

Homophobic bullying is bullying behaviour that is motivated by prejudice against a person’s actual or perceived sexual orientation or gender identity. Like any other form of bullying or harassment, homophobic bullying includes verbal, physical and emotional abuse by an individual or group.

This form of bullying results in a negative or hostile environment towards sexual minorities and can have consequences for the physical and emotional health of any victim, regardless of their sexuality.

WHAT ARE THE IMPACTS OF HOMOPHOBIA?

The impacts of homophobic bullying can be severe and have long-term consequences. Serious emotional and physical damage can occur to those who fall victim to homophobic bullying. School absenteeism and poor academic achievement may also be seen in victims, who no longer believe that their school is a safe environment.

Those who are bullied have a higher chance that their peers at developing drug or alcohol abuse, suffering from depression, suicidal contemplation and suicide. Victims can feel powerless and develop low self-esteem.

WHO ARE AFFECTED BY HOMOPHOBIC BULLYING IN SCHOOLS?

- Those who are non-heterosexual
- Those who are perceived to be non-heterosexual
- Those who don’t conform to conventional gender norms and stereotypes
- Those who have same-sex parents

HOMOPHOBIC BULLYING MAY INVOLVE:

- Name calling
- Obscene or sexualised gestures
- Sexualised teasing, taunting, and threats
- Spreading of rumours or gossip about a person’s sexual orientation or gender identity
- Physical aggression, such as hitting and pushing
- Social exclusion
- Cyber bullying
- Display or distribution of offensive material or graffiti

WHAT CAN YOU DO?

- Never use the word “gay” as an insult
- Support your peers
- Speak up against homophobes- tell them to stop
- Report incidents to teachers
- See your Year Advisers, Mr. Murphy or Mrs. Newton for help
ZONE ATHLETICS AT KIAMA

A huge “THANK YOU” to the CAPA Photography Team and Ms Regan for taking all these fantastic photos both on Athletics Carnival day and also on ANZAC Day.

Senior Boys at Regional Cross Country