Welcome back to Term 3. I hope everyone had a fun and relaxing holiday.

I would like to apologise for the delay in junior students receiving their half yearly reports. This year we have moved to new reporting software, and as is often the case with new systems, there were some minor issues. These issues have been resolved and all students should receive their reports by the end of Week 1.

It was disappointing to see so many students not in school uniform on the first day of school this term. Over the coming weeks we will be focusing on ensuring all students are in full school uniform. Any students without a note explaining why they aren’t wearing their uniform will be interviewed by the Deputy Principal. Letters will also be sent to parents advising them their child is not in uniform.

Uniforms are available from the shop in the canteen area of the school, and from the uniform pool. Parents experiencing financial difficulties in purchasing uniforms can contact Mrs Kumar in the Front Office to discuss financial assistance.

Uniform is important for school spirit and pride and assists in upholding our reputation in the community. It is also important in maintaining a safe school environment for our students in enabling us to easily identify intruders. I hope that all parents and carers will support the school in our endeavours to have our students looking their best.

We wish Samantha Peace from Year 11 the very best of luck as she competes at the World Junior Athletics Championships in Kali, Colombia. Selection in the Australian team is an extraordinary achievement, and we are incredibly proud of Sam.

Year 11 students who have progressed in the school merit system this week participated in the Year Adviser’s Reward Excursion. Mrs Cairncross and Mr Keane took the students Go-Karting at Albion Park, and I understand everyone had a fantastic day. It’s great that so many students are receiving awards and opportunities for fun excursions to acknowledge their positive approach to school work and great behaviour. Well done to everyone involved!

This Friday we will hold a special celebration assembly to induct our new School Captains, Vice Captains, Prefects and Student Representative Council. Parents are most welcome to join us in the hall from 12.10pm, and afterwards for lunch in the staff common room. We will include some photos of the new students leadership team in our next newsletter.

Have a great week!
Angela Byron
PRINCIPAL
Early 2014 saw a significant change in the makeup of the P&C’s executive when long running President, Leanne Brickelbank and Secretary, Tanya Walker stood down after a number of years in these positions. The role that both Leanne and Tanya have played in the efficient running of the P&C, and also providing support for all things Nowra High over a number of years, is acknowledged and greatly appreciated.

P&C meetings continue to be held during Weeks 4 and 8 of each term and are a valuable forum for the parent body to assist with the running of the school and providing feedback on its future direction. The general meetings start at 7.30pm in the staff room and all members are welcome to attend. The ongoing role of the Principal, Ms Angela Byron, and representatives from the school’s Student Representative Council at each of these meetings is greatly appreciated and helps provide an all-round view of what’s going on in the school at any point in time.

Representatives from the P&C participate in a range of school committees, including: Curriculum, Finance, Welfare, Extension and merit selection panels. We strongly support the NHS Positive Behaviour for Success values scheme, promoting Respect, Responsibility, Safety and Learning.

The P&C is responsible for the operation and finances of the school canteen, working closely with the canteen staff who work hard each day and have a great rapport with the students. The canteen ladies are a special part of NHS and their efforts are always appreciated. Our longest serving canteen employee, Narrell Middleton, retired this year after being a fixture in the canteen for over 20 years. Narrell will be greatly missed by everyone, but has promised the students she’ll come back and visit regularly. The canteen also relies on the assistance of volunteers and any parents or caregivers who can spare a few hours, even as little as once or twice a term are greatly appreciated. The canteen provides a great way for parents or caregivers to contribute to our school and our major source of funds.

The successful and profitable operation of the canteen allows the P&C to support the school in a range of ways. This year the P&C has funded the following school related activities or projects: $5,000 Presentation night; $850 School farm; $1,000 Student Representative Council; $2,500 Special Education Unit excursion; $1,400 Library display boards; $2,500 Language Perfect computer program; $735 Creative and performing arts; and $800 ICAS.

At the time of writing, the 2014 P&C contribution to the school was $14,785. The P&C also continued its commitment to the Royal Far West School with a donation of $150.

At this year’s meetings we have welcomed a number of guest speakers. Ms Laetitia Mainey presented on the expansion of Shoalhaven Science Fair run by the Shoalhaven River Learning Community at the Shoalhaven Entertainment Centre. We also receive updates from the Creative & Performing Arts (CAPA) area. The Deputy-Principal, Ms Kate Forbes attended and spoke on ALARM (“A Learning And Responding Matrix”), a tool students can use to improve their written responses. Ms Francesca Pani from the Special Education Faculty spoke on their Blue Mountains excursions and the associated request for funding assistance. The School’s Junior Drama Company opened a meeting with a drama piece they submitted in the regional Drama competition.

Earlier in the year there were some significant student welfare issues and incidents that were front and centre in everyone’s thoughts and minds. These incidents required a thorough and ongoing response from the school and its executive. The response of the Principal and all the staff concerned is acknowledged and greatly appreciated. The P&C were kept updated as required and had the opportunity to contribute to the various initiatives that arose and specifically the Student Welfare Review that was undertaken in the school in third term. Whilst it was an incredibly sad time for the school, the resilience shown by the school community is to be commended.

I would like to thank the new, and in some cases continuing, P&C Executive of: Vice Presidents Melinda Phelps & Nikki Martin; Secretary, Mrs Emily Williams; and Treasurer, Kira Bradley, for their continued hard work and dedication to the school during the year.

On behalf of the P&C, I wish to take this opportunity to thank the dedicated staff and students of NHS, who help maintain the school’s highly regarded position in the Shoalhaven. We all continue to be very proud of NHS. The P&C relies on the ongoing involvement of parents so during 2015 please try and attend at least one of our meetings to see what it’s all about (we don’t bite!) or give a few hours of your time to the canteen.

~ Gordon Clark, President
Dear Parents and Carers,

As Student Representative Council Adviser, I would like to present to you the new group of aspiring leaders Nowra High has to represent the school community.

We will be holding our annual SRC Induction Ceremony in the Multipurpose Hall at 12:15pm on Friday July 17th. All family and friends of the 2015-2016 SRC are welcome. Seating will be available in the seats upstairs and, downstairs only, if required. A light lunch will be provided immediately following the ceremony. Please RSVP to myself if you would like to stay for lunch.

It's going to be an exciting year for our school and the SRC.

Regards,

Mrs Jennifer Austin
HSIE Teacher
SRC Adviser
jennifer.a.austin@det.nsw.edu.au

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**2015 - 2016**

**Captains**

Rhianna Tuckerman (Captain)
James Hamilton (Captain)
Milly Bristow (Vice Captain)
Harry McGill (Vice Captain)
Jennifer Spark (Prefect)
Robert Thompson (Prefect)

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**Year 10/11**

Mikayla Barnes
Katarina Bullock
Cameron Fernie
Isabella Gallant
Sian Gilmour
Jessica Ibrahim
Erin Monsalve
Oliver Rodden
Hayden Strand

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**Year 9/10**

Rosie Cockrem
Jaxon Forrester
Bianca McIver
Elicia Parrott

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**Year 8/9**

Isaac Collins
Zaid Forrester
Leigh Hutchison
Matthew Nash
Alicia Sleeman
Gemma Thompson

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**Year 7/8**

Brayden Collison
Tyrone Hill
Violet Mackenzie
Jessica O'Donnell
Chloe Parkinson
Shakirra Regaldo
Aiden Wallis

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Nowra High School - It's News To Me
Congratulations to the following students who participated in ICAS Digital Technologies:

**PRINCIPAL’S AWARD**

KAI WALLER (7)

**DISTINCTION**

KAI WALLER (7)

**CREDIT**

MIKAYLA CHECK (8), ALEC LANDSTRA (8)

**MERIT**

DEKLYN HASKELL (7)

**PARTICIPATION**

GEORGIA HENDERSON (7), JARROD LEE (7), OLIVIA DE STRANG (8), MAX LAWRENCE (9), TAYLOR MCCOY(9), RHIANNON SMITH (10)

Ms Opferkuch

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**RAISE HAPPY FAMILIES PROGRAM**

Build an Emotionally Intelligent Family with the Family Charter. Join experienced parenting educator Michael Grose for our 3-week online parenting program where he’ll give you the tools and the game plan to create a HARMONIOUS family culture, where parents and children feel VALUED, RESPECTED and SUPPORTED, all from the comfort of HOME.

**Session 1: What does a strong family look like?**

We’ll introduce you to the characteristics of strong, happy families and look at the parenting style best suited to strong family information. You’ll get an opportunity to reflect on and assess your family’s strengths and your own parenting style. You’ll also get the chance to produce your very own personal Emotional Intelligence Charter.

**Session 2: Introducing the Emotional Intelligence Charter**

In this session we’ll take you through the nuts and bolts of creating an Emotional Intelligence Charter with your family. We’ll consider the children’s age differences and also provide fail-safe communication techniques that will enable you to sit down and formulate the charter together.

**Session 3: How to use the Emotional Intelligence Charter**

In this session we’ll look at how you can incorporate the Charter into your every day parenting. In particular, we look at some common scenarios where the Charter can be used to promote empathy and problem-solving with your children.

**Session 4: Review and revisit the charger**

The Emotional Intelligence Charter is not a set and forget document. It’s a powerful process that needs to be revisited and reviewed as your children develop. In this session we’ll take you through the review and revisit processes so that your Family’s Emotional Intelligence Charter is always relevant and up-to-date.

**BONUS Session: Conducting successful family meetings**

In this extra session I’ll show you how to conduct and use family meetings to improve communication, cooperation and conflict resolution skills in your kids.


Or contact the Parentingideas team (03) 59831798

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**RUN ~ BIKE ~ PADDLE**

NOAH’S CHALLENGER - Keeping families afloat

Register online at:  www.noahschallenge.com.au

20th August 2015

Shoalhaven Campus of Wollongong Uni

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**EXPO**

Options for People with a Disability

Wednesday 12th August

10am to 2pm

Shoalhaven Entertainment Centre

Come along to find out about the wide range of services, supports and community connections that are available in the Shoalhaven

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**YWCA NSW**

Year 7 students will be participating in the YWCA NSW program Y B.R.A.V.E. (Be Respectful and Value Everyone) IN Term 3, 2015.

Y B.R.A.V.E. focuses on respect, Cybersafety and gaining skills and strategies for knowledge about their rights and responsibilities to build healthy relationships. The program will run for 7 sessions throughout Term 3. Students will view topical and interactive clips and learn about new Cybersafety laws Cybersafety laws and other topics such as Resilience, Bullying and Protective behaviours.

Y B.R.A.V.E. is aligned to the NSW Curriculum and supports Nowra High school values and Positive Behaviour for Success model to support a respectful school environment.

Students, Parents, Teachers and Community members are welcome to enquire with Facilitator Fiona Lam YWCA NSW on (02) 44238502 or fional@ywcansw.com.au

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Nowra High School - It’s News To Me