I'm sure everyone had heard through the local media that Samantha Peace of Year 11 won a Bronze medal at the World Youth Athletics Championships in Colombia last week. Sam threw a personal best to win her medal and we are all incredibly proud of this wonderful achievement. Well done Sam!

Congratulations also to Courtney Howlitt from Year 12 who has qualified for the National Cross Country All Schools Championships. Courtney is off to compete in Melbourne and we wish her the very best of luck. What a remarkable accomplishment!

Our great sporting news continues, with our Open Girls netball team winning the Zone final, and our Under 15 girls coming second. Congratulations to all of the girls for this fantastic result. Thank you and well done also to super coach Mrs Wellington.

Subject selections are fast approaching for students in Year 8 and Year 10. Students will participate in ‘subject roundabouts’ to find out more about what each course offers. More information about all Year 9 electives and Year 11 courses is available on our school website in the Subject Information Booklets. If parents have any questions about courses, please contact the school at any time.

This week we have hosted Mrs Lynne Koffman, Principal of Newtonbrook Secondary School in Toronto, Canada, who was on an exchange visit. Mrs Koffman met with our captains and Student Representative Council to find out more about student leadership at Nowra High School and share with our students a little of life in a Canadian school. Mrs Koffman was very impressed with the broad curriculum offered at Nowra High School, and the friendliness of our staff and students. However, I think the highlight was a visit to the school farm with Mr Ryan and our Agriculture students, where she had the chance to groom and walk one of our lovely miniature Dexter cattle. Quite a treat for the principal of an inner city school that doesn’t have a farm! She assures me her students will be most impressed by the photos!

Have a great week!
Angela Byron
PRINCIPAL

WEEK 3 - ALPHA

Monday 27th July:
⇒ Trial HSC Exams in MPH all week
⇒ Yr 11 Hospitality, Work Placement
⇒ Public Speaking Awards-Legacy Junior, Moss Vale High

Tuesday 28th July:
⇒ Trial HSC Exams in MPH all week
⇒ Yr 11 Hospitality, Work Placement
⇒ Yr 12 SLR Fitness Training, Bomaderry Pool & Nth Nowra Gym
⇒ Yr 9 Science Assessment 3
⇒ Yr 10 Marine Studies Assessment
⇒ English ICAS Assessment, Yrs 7-10, P1 & P2

Wednesday 29th July:
⇒ Trial HSC Exams in MPH all week
⇒ Extension Committee Meeting
⇒ Yr 11 Hospitality, Work Placement
⇒ RAP Transmit Workshop, NHS Library Room
⇒ White Card Workshop, NHS all day
⇒ Yr 11 Biology Museum & Botanical Gardens Excursion
⇒ 8MA1 Mathematics Assessment
⇒ 7E Mathematics Assessment

Thursday 30th July:
⇒ Trial HSC Exams in MPH all week
⇒ Yr 11 Hospitality, Work Placement
⇒ Yr 7 & Yr 8 Debating, Vincentia High School

Friday 31st July:
⇒ Trial HSC Exams in MPH all week
⇒ Yr 11 Hospitality, Work Placement
⇒ Regional Secondary Athletics, Canberra
⇒ Yr 10 into Yr 11 Subject Roundabout
⇒ Transmit Contemporary Dance Workshop, Bomaderry High

WEEK 4 - BETA

Monday 3rd August:
⇒ Yr 7 Science Assessment Task 3
⇒ Yr 7-11 History, Imax History Day, Darling Harbour

Tuesday 4th August:
⇒ P & C Meeting, Staff Common room, 7.30pm - guest speaker will be Nowra Branch Manager from the Greater Building Society coming to discuss banking for students.
⇒ Yr 10 to Yr 11 Subject Selection Evening, 5.30 - 6.30pm in MPH

Wednesday 5th August:
⇒ RAP Transmit Workshop, NHS Library Room

Thursday 6th August:
⇒ Lessons continue

Friday 7th August:
⇒ Whole School Assembly, Multi Purpose Hall
⇒ Transmit Contemporary Dance Workshop, Bomaderry High
⇒ Yr 10 Careers Rural Health, Bomaderry High School
⇒ Yr 12 Geography, Silos Winery
Expression of interest to all parents
YWCA Brave Sessions – Fiona Lam – we need 25 parents for this to be successful and worthwhile for Fiona to visit NHS

Y-B.R.A.V.E
Be Respectful and Value Everyone

Y-B.R.A.V.E is about promoting healthy relationships and provides participants with skills to minimise harm and develop resilience. YWCA NSW is offering your organisation the opportunity to participate in a workshop on Respectful Relationships.

Y-B.R.A.V.E specifically addresses resilience, bullying, cybersafety and protective behaviours. The program focuses on issues that people face throughout their formative years and equips them with an understanding that will enable them to make informed decisions about present and future relationships.

Y-B.R.A.V.E has been delivered in high schools since 1996. The program has been delivered to over 54,000 participants. This success and the expression of interest received from the schools have encouraged YWCA NSW to deliver presentations to local public schools in the Shoalhaven area, assisting participants to gain valuable knowledge in maintaining healthy relationships leading into their future.

Y-B.R.A.V.E Outcomes
- Participants raise their awareness of respectful relationships.
- Participants increase their knowledge and understanding of rights and responsibilities in relationships.
- Participants increase their skills in recognising and assessing risk.

Y-B.R.A.V.E is presented by trained YWCA NSW facilitators. The program is aligned to the Physical Development Health and Physical Education NSW curriculum. Flexibility has been built into each module of the program in order to ensure that content is culturally relevant and age appropriate.

Y-B.R.A.V.E is funded by YWCA NSW.

Workshop Details
Running time: 30-60 minutes
Participants: 25 participants per workshop (maximum 30)
YWCA NSW Contact:
Facilitator – Fiona Lam
Phone: 02 4423 8505
Email: fional@ywca.nsw.com.au
Fax: 02 4422 5155

VOLUNTEERS WANTED PLEASE
The School Canteen is operated by the P&C and we are in need of volunteers. Your commitment can be as little as a few hours once a term or on a regular weekly basis. If any parents or caregivers are able to assist please contact the Canteen on 44213435. As with most work places we can structure your volunteering hours to best suit you. As a volunteer in the Canteen, you would be making a very valuable contribution to the Nowra High School community.
Come and see the best local junior scientists’ work on display!

Thursday 13th August 2015
4:30 to 6:30pm
Shoalhaven Entertainment Centre,
Nowra
2015 information for parents and carers

WHAT IS THE NATIONAL DATA COLLECTION?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection) is an annual collection that counts the number of school students with disability and the level of reasonable educational adjustment they are provided with.

The national data collection will count students who have been identified as receiving an adjustment to address a disability under the Disability Discrimination Act 1992 (the DDA). The DDA can be accessed from the ComLaw website at www.comlaw.gov.au.

WHAT IS THE BENEFIT FOR MY CHILD?

The aim of the national data collection is to collect better information about school students with disability in Australia.

This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the same basis as students without disability.

The national data collection is an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

WHY IS THIS DATA BEING COLLECTED?

All schools across Australia collect information about students with disability. But the type of information currently collected varies between each state and territory and across government, Catholic and independent school sectors.

When implementing the national data collection, every school in Australia will use the same method to collect information. Therefore, a government school in suburban Sydney will collect and report data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

The information provided through the national data collection will enable all Australian governments to better target support and resources to benefit students with disability. The data will help schools to better support students with disability so that they have the same opportunities for a high quality education as students without disability.

WHAT ARE SCHOOLS REQUIRED TO DO FOR STUDENTS WITH DISABILITY?

All students are entitled to a quality learning experience at school.

Schools are required to make reasonable adjustments, where needed, to assist students with disability to access and participate in education free from discrimination and on the same basis as other students.

These responsibilities are outlined in the DDA and the Disability Standards for Education 2005 (the Standards). The Standards require educators, students, parents and others (e.g. allied health professionals) to work together so that students with disability can participate in education. The Standards can be accessed via the ComLaw website at www.comlaw.gov.au.

WHAT IS A REASONABLE ADJUSTMENT?

A reasonable adjustment is a measure or action taken to help a student with disability access and participate in education on the same basis as students without disability. Reasonable adjustments can be made across the whole school setting (e.g. ramps into school buildings), in the classroom (such as adapting class lessons) and at an individual student level (e.g. extra tuition for a student with learning difficulties).

WHAT INFORMATION WILL BE COLLECTED?

Every year your child’s school will collect the following information for each student with a disability:

- the student’s level of education (i.e. primary or secondary)
- the student’s level of adjustment
- the student’s broad type of disability.

The information collected by schools will be provided to all governments to inform policy and
SELECTIVE HIGH SCHOOLS IN 2016

Selective High Schools cater for highly achieving, academically gifted students who may otherwise be isolated from a suitable academic peer group. For Years 8 to 12 in 2016 there are 17 fully selective, 26 partially selective, 4 agricultural High Schools and, for students in rural and remote areas of NSW only, there is a virtual Selective High School called Aurora College which enrols students for English, Mathematics and Science only. Sydney Secondary College Balmain and Leichhardt campus enrol students in Years 7 to 10. The Blackwattle Bay campus enrols students in Years 11 and 12 only.

Parents may apply for up to three Selective High Schools. A separate application form is required for each school applied for. Closing date is Tuesday 28th July 2015.

For more information and where vacancies may occur is available at: www.schools.nsw.edu.au/schoolfind/types/shs_ahs_details.php

PARENTS PLEASE NOTE

SUBJECT SELECTION YEAR 10 INTO YEAR 11 2016

An information evening will be held on Tuesday 4th August in the MPH commencing at 5.30pm to 6.30pm.

There will be a brief presentation outlining Board of Studies requirements for Preliminary and Higher School Certificate Courses. Following the presentation, Head Teachers and Teachers will be available to answer any enquiries regarding specific subjects.

Parents and students are encouraged to attend.


IS THE NATIONAL DATA COLLECTION COMPULSORY?

All education ministers agreed to full implementation of the national data collection from 2015. This means that all schools must now collect and report information annually on the number of students with disability in their care and the level of adjustment provided to them.

Information about the arrangements that may apply to your school in relation to this data collection is available from your child’s school principal and the relevant education authority or association of independent schools.

Even if your child’s information is not included in the national data collection, the school is still required to provide support to your child with education needs.

FURTHER INFORMATION

Contact your child’s school if you have further questions about the Nationally Consistent Collection of Data on School Students with Disability and how it may involve your child.


An e-learning resource about the Disability Standards for Education 2005 is freely available for the use of individuals, families and communities at http://resource.dese.theeducationinstitute.edu.au/.
Dear Parent

Internet safety presentation helps children stay safe online

Young people today are immersed in digital technologies. They use the internet and mobile phones to socialise, study, exchange ideas and play. While online activity has many benefits, there are also risks.

To help your children stay safe online, Nowra High School is hosting a Cybersmart Outreach - Internet Safety Awareness presentation. Designed for parents, teachers and students, this presentation is provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of cybersmart initiatives.

The Cybersmart Outreach – Internet Safety Awareness presentation is thorough and non-technical. It covers a range of issues including:

- The ways children use the internet and emerging technologies
- Potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- Tips to help children stay safe online

The presentation is conducted by an ACMA Cybersmart trainer and is free of charge.

Nowra High School is committed to helping students develop appropriate behaviours when using digital technologies, both at school and home.

The Cybersmart Outreach – Internet Safety Awareness presentation for Parents will be held on:

- Monday 17th August in the Library at 5.30pm.

Hope to see you at this important event

Regards,

Mrs K. Newton
DEPUTY PRINCIPAL WELLBEING

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APPRENTICESHIPS AND TRAINEESHIPS INFORMATION SESSION

Give yourself the best chance of getting an Apprenticeship & Traineeship

Find Out: What employers want ~ Where do I find the jobs? ~ Strategies and Resources

When and Where

**Monday 10th August 2015**
5.30pm to 7.00pm
Dunn & Lewis Centre Ulladulla

**Tuesday 11th August 2015**
5.30pm to 7.00pm
Shoalhaven Ex-Servicemens Club Nowra

Bookings for FREE event in NOWRA - general contact Workplace Learning Shoalhaven on 44220988 or email linda@iswlp.org.au